Lead Story...... Shayna Interviews 14 year old Ashland Tennis Star Page Freeman

This week i had the great opportunity to interview Page Freeman. Page is a 14 year old girl from Ashland who is currently the 3rd best girls tennis player in the 14 and under division in ALL OF NEW ENGLAND. Page is even ranked in the top 50 best 14 year old girls in the WHOLE COUNTRY!!!!! In this interview I found out that the towns around Southborough are producing some AMAZING tennis players. The number one girl in all of New England is actually from Northborough! Page is also very nice and was willing to sit down with me and let me learn a little bit about how to get so good at a sport you love. Hopefully we can all learn something about how we approach sports and our goals from my interview with Page.

Shayna: What age did you start playing tennis? **Page:** I've been playing tennis since I was five years old.

Shayna: When did you know tennis was something you were really good at?

Page: I was doing gymnastics and soccer but started playing tennis because my dad was teaching it and once I started getting into it more I really liked the individual challenge of it and I started playing tournaments and really loved it.

Shayna: Winning is the best part of playing but how do you perk yourself up when you lose?

Page: Usually I try and think of the things I did well in the match, how I competed and my attitude and I know there is always another match!

Shayna: Are you nervous when you play at a match?

Page: Yes, usually, my dad always says being nervous means you care! I try to contain it all but usually when I get on the court I'm fine.

Shayna: Do you remember your first competition?

Page: Yes it was at the Tennis Hall of Fame in Newport RI. Unfortunately it rained so I couldn't play on the grass courts. I was eight and I remember who I played and the scores and everything.



Shayna: Did you win?
Page: No I lost 6-0 the first
match, 6-0 the second match and
6-1 the third match. I was SO
happy to win that first game!
Shayna: What do you like to do
when your not playing tennis?

Page: Everything outdoors, I love paddle boarding, hiking, just

anything outdoors

Shayna: Do you have a memorable competition?

Page: Just recently actually, I won my first national tournament! I was very happy about that! **Shayna:** What is your favorite

meal and dessert?

Page: Oh that's hard! I think my favorite meal is steak and mashed potatoes and my favorite dessert is a good brownie!



FIVE FUN FACTS ABOUT PAGE AND TENNIS!!!!!

- 1) Page has a brother who is also ranked #3 in New England for the boys 16 years and under age division
- 2) Tennis is played on hard courts, clay courts, even on grass courts and is played both indoors and outdoors
- 3) Tennis is one of the only sports that is played all over the entire world and played by people of all ages and both boys and girls, men and women
- 4) In 2012 Sam Groth from London set the world record for the fastest tennis serve ever, he hit the ball 163.7 Miles per Hour!!!!!!!
- 5) The youngest person ever to be the best player in the world is Martina Hingis, she became the best woman in the world when she was just 16 and a half years old!!!!!!!