



Nearby RAP

Fall Session 1, 2017

September to October

Registration Begins: Monday, August 28, 2017

Registration Ends: Friday, September 8, 2017

- 3 Ways to Register:
1. Online at <http://southborough.recdesk.com/recdeskportal/>
 2. Mail in form to Recreation Office, 21 Highland Street
 3. Walk in form to Recreation Office

Participant Name: _____ Bus #: _____ Ext Day after RAP class: Y or N
 DOB: _____ Grade: _____ Teacher: _____
 Address: _____ Email: _____
 Home #: _____ Work #: _____ Cell #: _____
 Allergies/medical/special concerns: _____
 Check here if you do NOT wish your child to be photographed for publications. _____

- Do not send registrations to school, this will delay your enrollment.
- Make checks payable to "Southborough Recreation".
- Send a note to the teacher on the first day of class.
- Please send a "peanut free" snack with your child.
- Check emails for confirmations, cancellations, and updates!
- No refunds or exchanges except with a doctor's note, a \$20 processing fee will be applied.
- Please pick up promptly, a late pick up fee of \$5 will be assessed 5 minutes after the end of every class.

Please circle your selections in the boxes below: (Program descriptions and details on back)

Monday 9/11, 9/18, 9/25, 10/2, 10/16	Tuesday 9/12, 9/19, 9/26, 10/3, 10/17	Wednesday 9/13, 9/20, 9/27, 10/4, 10/11	Thursday 9/28, 10/5, 10/12, 10/19, 10/26	Friday 9/15, 9/22, 9/29, 10/6, 10/13
Dodgeball \$75	Game Time Basketball \$85	Jr. Group Golf (2 hour class, transport included) 3 classes -9/13, 9/20, 9/27 \$135	Pottery \$140 (2 hour class, includes transport)	Social Etiquette \$75
Your Voice-Public Speaking \$115	Robotics & Programming \$95	Floor Hockey \$75	Archery (class ends at 3:45, pick up at circular drive) \$85	
	Flag Football \$105 (2 day program)		Flag Football \$105 (2 day program)	

STUDENT AND PARENT COMMITMENT

My child has my permission to participate in the RAP class selected above. I understand that it is my responsibility to arrange for my child's safe and on time transportation home at the end of class. In the event that the program takes place off school property, I give my child permission to travel to and from the off-site activity in a recreation sponsored vehicle or private vehicle. I further agree to hold the Recreation Commission and the Town of Southborough together with its agents and employees jointly and severally harmless for any injury or accidents sustained during the transport. I agree not to hold responsible the Southborough Recreation Commission; the Town of Southborough; the owners of the premises where the program is held; or any of the parties connected with the program for any injury or accident that may occur during the program. I have read the student behavior policy from the website, regarding participation in any RAP program and have reviewed it with my child. In the event of an emergency, I give authorization for emergency transportation and medical treatment. I understand that I will be notified prior to transport if possible.

Signature Parent/Guardian _____ **Date** _____

Program Times are 2:30 to 3:30 unless otherwise noted.
Please read each program description carefully regarding pick up and transport information.

Neary RAP

Program Description

Dodgeball **Instructor: FAST Athletics** **Min 10/Max 23**

The students will learn how to work together, strategize and exercise without even knowing it! There are tons of creative and competitive dodgeball games incorporated into this program. There will never be a dull moment! Gatorskin dodgeball will be used which are proven to be the safest dodgeballs out there. Safety rules and regulations will be enforced before each class.

Your Voice—Public Speaking **Instructor: Right Brain Curriculum** **Min 7/Max 12**

In our Public Speaking class, we take the fear out of speaking before an audience by getting kids talking in front a supportive group about things in which they are interested. They write speeches on subjects of their choice and practice delivering them to the assembled students. As the kids practice in this low-pressure environment, they learn skills like standing up tall, using a loud voice and making eye contact. We also watch speeches of public figures and critique what is successful and unsuccessful in their speeches and hold fun and engaging debates. Class held at Neary School. **Program Time is 2:30 to 4pm. Pick up promptly from Neary at 4pm.**

Game Time Basketball **Instructor: Game Time Training** **Min 12/Max 24**

Join Game Time Training and their staff of experienced coaches for our power hour basketball program. This program will have a healthy mix of skills/drills and scrimmage play. Each week, our coaches will teach the players at least one move-to-the-basket and one key principle of the game. All scrimmages will be monitored and controlled when teaching points arise. The GTT staff makes learning the game fun with interactive drills, music and ENERGY! Program held at Trottier Gym. **Program Time 2:30 to 3:45 pm. Please pick up promptly at 3:45 pm at the Trottier Middle School.**

Robotics and Programming **Instructor: SET School** **Min 3/Max 10**

Using the NXT programmable brick and the Mindstorms programming language, students learn how to design, build and program Lego robots. Students create programs to control motors and sensors enabling the robots to move and respond to the environment. Equal emphasis is placed on programming and robot design. They will learn how to design a robot for different activities, like maze running, sumo wrestling, mini-golf and Mars rover missions. **Program Time 2:30 to 4pm**

Flag Football **Instructor: Game Time Training** **Min 10/Max 20**

The league begins with a draft in week 1, followed by 3 weeks of regular season games and a final championship tournament on the final week. Kids will learn leadership skills by coaching their own teams, creating their own plays and managing the game. Our organizers are there to help promote team bonding and fair play, teach basic skills/concepts of the game and ensure that all kids are having fun!

Jr. Group Golf **Instructor: Juniper Hill Golf Pro** **Min 5/ Max 10**

Improve and learn more about your game as you play. This program is geared towards all levels of players—beginners, juniors and more advanced. Established golfers will improve their strategy; there to aim, what club to hit, and how to play certain shots. Beginners will learn course etiquette and feel more comfortable while achieving a better understanding of the game. Club rentals are included. Transportation will be provided from Neary and Trottier to Juniper Hill Golf Course. Program dates 9/13, 9/20 and 9/27.

Parent Pick up is promptly at 4:15pm at Juniper Hill Golf Course located at 202 Brigham Street, Northborough.

Floor Hockey **Instructor: FAST Athletics** **Min 10/Max 24**

Come join F.A.S.T. Athletics for some street hockey fun. Fundamentals of hockey will be taught along with good sportsmanship and rules. After the instructional period is over, each day will end with a good old fashion street hockey game.

Pottery **Instructor: Lanting Truong, Art Teacher** **Min 5/ Max 11**

Students will be introduced to the pottery wheel starting with the components of the wheel and safety use of the wheel. Demonstration, techniques of wedging and wheel throwing will be covered in details. Glazing techniques will be taught as well. Students will coil, pinch, carve and shape in hand building projects and make both sculptural and functional clay works to take home. Transportation will be provided from Neary and Trottier to Southborough Art Center. Parent pick up is 4:45pm. There will be no transportation back to school if your child goes to extended.

Archery **Instructor: Frank Nellenback, Gym Teacher** **Min 8/Max 12**

This class will teach you the mechanics and skill involved in using a bow and arrow and aiming at a target. The class will emphasize archery safety rules, proper shooting techniques, stance and coordination. It is an exciting and fun class that will challenge your physical strength, focus and finesse.

This class ends at 3:45 and pick up will be in the semi-circular driveway at Neary School.

Social Etiquette **Instructor: New England School of Protocol** **Min 5/Max 10**

Present your 4th through 8th grader with the opportunity to feel self-reliant and confident in any social and dining situation by taking interactive lessons taught by a certified etiquette consultant. With the widespread use of the internet, social media, and video games, interpersonal skills are on the decline. Teaching children proper etiquette and communication skills helps them succeed at school, socially, and later, professionally. Topics include: how to make a positive first impression, exuding poise and confidence, respect and courtesy, social media etiquette, sportsmanship etiquette, writing thank you notes, dining etiquette including the American and Continental style of dining, table manners, and more. These skills will help your child to be confident, polished and polite. Some food items will be served during class so that the children can practice what they learn. Dietary restrictions can be accommodated. **Class Time is 2:30 to 3:40. held at Neary School. Please pick up promptly at Neary.**