



Algonquin Youth Wrestling Clinics

Sponsored by **ARHS Varsity Wrestling**

Wrestling Boosters is fully affiliated with ARHS General Athletic Boosters

Who: 5th through 8th grade students of Northborough and Southborough.

What: Introduction to wrestling teaching the fundamentals to this all-American sport. No experience necessary. Equipment required: shorts, t-shirt, headgear and wrestling shoes.

When: Tuesday & Thursday, 6:30pm – 8:00 pm, December 5th through February 22nd. (~23 sessions)

Where: Algonquin Regional High School, Wrestling Room, 79 Bartlett St., Northborough

Why: Develop balance, flexibility, coordination, body awareness and self-confidence through high energy, fun-filled sessions where your child will learn amateur wrestling techniques.

2017 Registration Form

Student Name _____ M _____ F _____

Date of Birth _____ Grade _____

Parent or guardian phone _____

Address _____ Town _____

Email (please print clearly) _____

Free T-shirt for each participant! Size: ADULT (please circle one): Sm Med Lg XL

TUITION: \$125 (payable to ARHS Wrestling Boosters)

Mail registration form and check to:

Susan Mahoney, Wrestling Boosters Rep., 14 Sarsen Stone Way, Southborough, MA 01772

I, Parent/Guardian agree, by enrolling my son/daughter that he/she is physically and mentally able to participate in all of the clinic's activities. In case of medical emergency and I cannot be reached, I hereby give permission to the physician selected by the staff to hospitalize and secure medical treatment for the child. I understand that my medical insurance is expected to cover my child for injuries. I agree not to hold the ARHS Wrestling Clinic, its management and staff, and/or ARHS, its management and staff, responsible for any athletic, dental, or bodily injury that may occur to my son/daughter while attending clinic. I realize and acknowledge that ARHS is not sponsoring this Wrestling clinic.

(Parent or Guardian signature and date)

(Parent or Guardian printed name)

If you have any questions please contact Susan Mahoney at ARHSYouthWrestling@gmail.com or 508-340-5990