

# Trottier

## Cross Country

September to October

**Registration Begins:** Monday, August 15, 2016

**Registration Ends:** Friday, Sept 9, 2016

- 3 Ways to Register:
1. Online at <http://southborough.recdesk.com/recdeskportal/>
  2. Mail in form to Recreation Office, 21 Highland Street
  3. Walk in form to Recreation Office

Program: Cross Country  
Location: Trottier Middle School  
Days: Mondays, Wednesdays, and Fridays  
Dates: September 12 to October 28, 2016 (7 weeks) No make ups  
Time: 2:20 to 3:50 pm  
Fee: \$170

Optional Purchase: **\$10 for Team T&F Singlet, if not already own one**

Size: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_

Cross Country is a running sport for children of all abilities. The goal of the program is the development of children in the following areas: social, athletic, physical fitness, positive attitude, goal setting, team work, leg strength, speed and also pace awareness. Meets will be held on Wednesdays to include 2 away meets.

Participant Name: \_\_\_\_\_ Bus #: \_\_\_\_\_ Ext Day after RAP class: Y or N  
DOB: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_  
Address: \_\_\_\_\_ Email: \_\_\_\_\_  
Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_

Allergies/medical/special concerns: \_\_\_\_\_

Check here if you do NOT wish your child to be photographed for publications. \_\_\_\_\_

- Do not send registrations to school, this will delay your enrollment.
- Make checks payable to "Southborough Recreation".
- Send a note to your teacher on the first day of class
- Please send a "peanut free "snack with your child.
- Check emails for confirmations, cancellations, and updates!
- No refunds or exchanges except for a doctor's note. A \$20 processing fee will be applied.
- Please pick up promptly, a late fee of \$5 will be assessed 5 minutes after the end of every class.

### STUDENT AND PARENT COMMITMENT

My child has my permission to participate in the RAP class selected above. I understand that it is my responsibility to arrange for my child's safe and on time transportation home at the end of class. In the event that the program takes place off school property, I give my child permission to travel to and from the off-site activity in a recreation sponsored vehicle or private vehicle. I further agree to hold the Recreation Commission and the Town of Southborough together with its agents and employees jointly and severally harmless for any injury or accidents sustained during the transport. I agree not to hold responsible the Southborough Recreation Commission; the Town of Southborough; the owners of the premises where the program is held; or any of the parties connected with the program for any injury or accident that may occur during the program. I have read the student behavior policy from the website, regarding participation in any RAP program and have reviewed it with my child. In the event of an emergency, I give authorization for emergency transportation and medical treatment. I understand that I will be notified prior to transport if possible.

Signature Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_